



Traumatic Brain Injury

January 2012

Dear TBI Patients,

The recent January publication by Life Extension Magazine containing an article on “Using Hormones to Heal Traumatic Brain Injury” was a monumental event. Not only was this an important topic but for those of you who have experienced a TBI but, it offered a ray of hope.

In the 17 years since I started working within the field of Endocrinology providing comprehensive hormone testing and replenishment, there appeared a common and repetitive group of benefits gleaned when all hormones were placed in “balance”. Behavior improved along with personality, mental functioning with cognition improved, physical status improved, and people became generally more functional. In light of these improvements it took an article in 2004 to make me realize that there was something more behind just replacing hormones.

Some of you know that I too had multiple head traumas and by 32-46 years of age had my functional decline. At age 47 I was found to have three hormone insufficiencies which upon replenishment made the world of difference. In the late 90’s, there were no clear studies that made the association between head trauma and altered hormone production. We knew about head trauma and altered mental functioning but the biochemical relationship was not there, yet. That came in 2004, as my epiphany article where the association was made between boxers and growth hormone deficiency.

That was all I needed to see. At that point I started my studies reading what articles were available on TBI and hormones; few to start but today thousands of articles. Unfortunately, with the overwhelming support for hormonal insufficiency associated with TBI, very few centers are implementing treatment. Very few physicians are knowledgeable on how to comprehensively replenish hormones in health let alone in need after a TBI.

In the 8 years since my “epiphany article” appeared, we have worked on hormones, supplements, IV therapies, and combinations thereof. Our results are encouraging with some very impressive recoveries. Not everyone gets to where they want immediately but many note the improvements that make live more tenable.



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Traumatic Brain Injury

At the present time, The Millennium-TBI offers a remote hormonal diagnostic program where a nurse will come to your home or office to draw your blood. They will process the blood and send the result to me at my office in Encino, California. I will write a report that will be sent to you.

If you are found to be insufficient in any of your hormones then it makes sense to replenish (replace or supplement) them. **In order to provide you with treatment, by law, I must see you here in my office.** Also, there are products that are supportive to brain functioning and repair that need to be use in addition to just hormones. So, please avoid other treatment programs that just give you one or two hormone replacement programs. Many fail to see the larger picture of hormones.

At this time, we are training physicians in a number of states who will be able to provide the same quality of comprehensive treatment that we are providing here in Encino. We would work with your physician if they are open to following the protocols we establish for you. These protocols were developed generically for 17 years and specifically for TBI over the past 8 years. We are continuing to do our studies to further improve your results.

I would like to address two other issues that we are facing; (1) litigated cases, those with lawyers involved and (2) Military and Law Enforcement personnel. If a TBI injury is being evaluated in a court case, we will need to speak initially with your attorney before we arrange for any testing and (2) Military and Law Enforcement have a few additional documents to provide to the office before we can initiate laboratory assessment. We have a limited GRANT for Military and Law Enforcement with parameters that need to be met.

Be well.

Respectfully,

Mark L. Gordon

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Reminder: We can only start treatment with prescription medication after we see you in the office. Otherwise, we need to have your physician provide the treatment. MLG