



## Millennium-WAF TBI Project



My name is Kevin Flike and I joined the US Army in 2007. I served in the 1<sup>st</sup> Special Forces Group (Green Beret) and deployed to the Philippines, Thailand and twice to Afghanistan. On my second Afghanistan deployment I suffered a gun-shout wound to my lower abdomen. The damage was severe; a broken hip, 20% of my colon removed and damaged femoral nerve that has left me permanently disabled. I endured six surgeries and numerous medical procedures, which have left my body with over 40 inches of scars. I performed 1000's of hours of physical and re-learned how to walk. In 2013 I medically retired and began pursuing a dual master's degree at Harvard and MIT. On the exterior it looked as if I was triumphant over my injuries, however, few people knew the internal struggle raging inside of me. Every morning I woke up in so much pain I would practically have to crawl out of bed. Often times I wondered how I would get through the day. I was placed on several different medications, none of which seemed to help. With every step I took, I felt the pain from my injuries. It was practically unbearable to sit through class and I was never able to study as much as I wanted to. At night, I barely slept and woke up frequently. A suffocating anxiety began to build up within me and I found myself experiencing panic attacks. As I began to wonder how I would be able to go about my life in the future and provide for my family, depression set in.

I suffered like this for almost three years until I re-connected with Warrior Angels Founder and CEO Andrew Marr. Andrew and I have walked similar paths in life, we both played college football and were both Special Forces Engineers in the 1<sup>st</sup> Special Forces Group - a job that exposes you explosive blasts daily. I told Andrew about my sufferings and he convinced me to have my blood tested. When the results came back I was shocked, but encouraged that we had found the reasons for my distress. I met with Dr. Gordon and he placed me on a medical regimen that allowed me to experience positive results within days. I have been on this regimen for the past 6 months and can honestly say it has changed my life. I feel like I am back to my old self again. My mental energy, clarity and sense of well-being has increased 100%. My pain levels have significantly decreased and my emotional state is one of pure happiness. However, the best indicator of the success of this program is the noticeable difference that my wife sees. She told me she has not seen me this happy in 10 years and the relationship I have with my children is much better.

I am no longer worried about the future and after graduation this spring; I took a job with Goldman Sachs in Boston. Warrior Angels and Dr. Gordon not only gave me my life back, but they also gave my family their husband and father back. Please feel free to contact me with any questions. Thank you.

Kevin R. Flike (8 January 17)

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